



“The Eye
of the Beholder”
To See As God Sees

2016
SPOKANE LADIES RETREAT
MAY 20~22

FOR YOUR INFORMATION . . .

ACCOMMODATIONS
Housing will be in A-frame cabins. There are bunk beds for 12 people on the main floor and two twin beds in the loft. Each cabin has a full bathroom, and there is a separate bath-house with more facilities. Additional housing for those with special needs is available.

COST
Please see the registration form for detailed price information. Payment can be made in full or installments. If you need financial assistance to attend, or if you can provide some assistance to help someone else to attend, please complete the appropriate section on the registration form.

DRESS
Dress for the weekend will be casual, however, we request that nice casual attire be worn on the Sabbath. Heels are not recommended since all paths and roads are dirt/gravel.

THINGS TO BRING
Bedding & pillow
Towel
Flashlight
Water bottle

REGISTRATION
The deadline for registration is MAY 1, 2016.
Registration fees are non-refundable after this date, as we are committed to make payment based on our contract.

MENU / DIET RESTRICTIONS
Please review the menu before registering.
If you plan to eat any portion of a meal, you must pay the full price of that meal. In planning our menu, we do the best we can to accommodate those with dietary restrictions. As last year, the camp will provide substitutions, only if you have reserved them in advance.

Please confirm your dietary needs with Sue Warren:
Email: q3suz7@gmail.com
or Phone: 509-588-6791

For those with special dietary needs, a table will be designated for you to store and/or prepare whatever food you need to bring.

A copy of the menu and additional information about the weekend is available at:
women.ucg.org

DIRECTIONS



For further information, contact:
Michelle Mickelson
Home: (509) 466-4899 Cell: (509) 280-3004
Email: mommickelson@gmail.com

FEE SCHEDULE Please check all that apply:

Full Registration (includes 2 nights lodging/5 meals)	\$115.00
A La Carté	
1) Lodging Only	
# of nights X \$26/night =	\$
2) Meals Only	
Friday Dinner @ \$12	\$
Saturday Brunch @ \$9	\$
Saturday Dinner @ \$12	\$
Sunday Brunch @ \$9	\$
Sunday Lunch @ \$10	\$
3) Day Use Fee (per full or partial day)	
Friday @ \$5	\$
Saturday @ \$5	\$
Sunday @ \$5	\$
TOTAL DUE:	\$

PAYMENT OPTIONS

Payment in full enclosed.
Registration only, **balance due by May 1, 2016**
I would like to attend, but need some financial assistance. Enclosed is \$ _____ towards the cost of my registration.
I have included additional funds to help someone else attend. Enclosed is my donation of \$ _____.

Taking the Polar Plunge?
Please specify T-shirt size (S, M, L, XL, 2X) _____
Please register early. Payment may be submitted by the deadline, but we need to know as soon as possible how many are planning to attend.

Make checks payable to: United Church of God – Spokane
Mail to: Michelle Mickelson
4929 West Shawnee Ave. Spokane, WA 99208

The ladies of the Spokane, United Church of God congregation, would like to invite you to attend our 19th annual Ladies' Retreat

THE EYE OF THE BEHOLDER ...
TO SEE AS GOD SEES

“Your eye is a lamp that provides light for the body. When your eye is good, your whole body is filled with light.”

Matthew 6:22 NLT

Many factors affect the way we perceive others and ourselves. However, we should be looking at others and ourselves as God looks at us. Join us as we identify and examine some of the filters which we must remove in order for us to see as God sees.

WEEKEND SCHEDULE

FRIDAY

- 4:30-6:30 Registration & settling into housing
- 4:30-6:30 Clothing Exchange in Lounge
- 6:30 Opening Remarks & Dinner
- 7:30 Interactive Session (*Pavilion*)

SATURDAY

- 7:00-8:00 Morning Walk (*optional*)
- 7:30-11:30 Latte Stand (*Dining Hall*)
- 8:00-9:00 Compass Check (*optional in Lounge*)
- 10:00-10:30 Hymn-a-Long (*optional in Pavilion*)
- 11:00-11:45 Opening Remarks & Brunch
- 12:30 Sabbath Services
- 2:00-4:00 Presentation & Interactive Session (*Pavilion*)
- 4:00 Group Photo
- 4:30-6:30 Free Time
- 6:30 Opening Remarks & Dinner
- 7:30-8:30 Interactive Session (*Pavilion*)
- 8:30 Sundown, various activities

SUNDAY

- 6:30-7:30 Morning Walk / Exercise Class (*optional*)
- 7:00-9:00 Latte Stand (*Dining Hall*)
- 7:30-8:30 Compass Check (*optional in Lounge*)
- 7:00-1:00 Clothing Exchange in Lounge
- 9:00 Opening Remarks & Breakfast
- 10:00-11:30 Outdoor Interactive Activities
- 11:45-12:15 Discussion of what we have learned from the outdoor activities and the overall weekend (*Pavilion*)
- 12:15-12:30 Closing Remarks
- 12:30 Lunch

SERVICE PROJECT AGONA SCHOOL (Agona, Ghana - Africa)

High quality education in rural Ghana is not the norm. Our Ladies' Retreat Service Project sets out to shift this paradigm and to make a difference, particularly in the Agona area where existing grade schools leave much to be desired. It would serve the children attending the UCG Agona church, plus other children in the entire catchment area.

The beneficiary children will have a far better chance of pursuing higher education. This will help eliminate the early school drop-out syndrome with its attendant social problems of teenage pregnancies, drug abuse and mass unemployment.

The most effective, efficient avenue for this building is on a local level. Donations would be greatly appreciated in order to purchase the building supplies and materials necessary. No contribution is too small! Together we can make a difference.



REGISTRATION DEADLINE: MAY 1, 2016

REGISTRATION:

NAME _____

ADDRESS _____

PHONE ___ cell ___ home () _____

E-MAIL ADDRESS _____

CHURCH AREA _____

HOUSING:

Sleep preference ___ early to bed ___ stay up late

Do you snore? ___ yes ___ no
(for the sake of others, if you don't know, please ask someone)

Can you take a top bunk? ___ yes ___ no

List the name(s) of anyone you would specifically like to be in the same cabin with you _____

Special Needs: _____

Age Group: ___ Teen/YA ___ Up to 45 ___ 45 and up