**LADIES’ RETREAT 2015**

**PRESENTATION SUMMARY**

**Sabbath**

**Compass Check: Teresa Bledsoe “Waiting for the Promised Horse”**

We all have had goals and dreams that we have worked and waiting for.

Achieving these goals and dreams, we need to “actively” wait . Our

discussion will focus on how we will “actively” pursue God’s plan

and purpose for us.

**Matt Fenchel:**   **“The Zenyattas, Ruffians and Azeris of the Bible”**

In Matt’s sermon he will be discussing some of the great female leaders of

the Bible.

**Lisa Fenchel: “Mud or Stars “**

Our ability to "run with the horses" often depends upon our internal conditioning.  How can we flourish in the mist of life's opportunities, complexities and constraints.

**Interactive Session: Evelyn Davis and Canadian Ladies**

**Sunday**

**Compass Check: Carrie Lippincott “Pacing Yourself to Reach the Zone”**

Come learn and practice simple activities and items that you can use to

cope with stress and move yourself to living a more peaceful, alert life.

Also learn how to regain your focus, so you can plan better and manage

your life.

**Judy Markley: "Horse Power."**

How does a woman embrace the power given by the Holy Spirit and

expressed through her femininity, her ability to build Godly character,

fulfilling her potential, exercising love in service and staying the course?

A woman is designed to influence and make changes in herself as well as

for the good and best interest of others through a quiet spirit. What does

this spirit look like and how does it equate to the sheer power demonstrated

by the metaphor of "running with horses"?

**Interactive Session: Teens, Judy Markley and Michelle Mickelson**