

## **General Information**

Highlands Presbyterian Camp & Retreat is located in the shadow of Mt. Meeker, which is the lesser peak right next to Long's Peak, which is over 14,000' in elevation. It is approximately 20 miles south of Estes Park where we had a Feast site in '99 & 2000. Even though the facilities are owned by the Presbyterians, many different types of groups utilize the facilities.

There is the main lodge, where our activities and sleeping will take place. The personnel are extremely friendly and helpful. The scenery is beautiful!

**Participant Information:** Upon your arrival, we will need the following information: Name, address, emergency contact name and number, any known allergies or health conditions requiring treatment, restriction or other accommodation while on site. We will have a registered nurse from the Denver Church attending the retreat for any emergency that may arise.

**What to bring:** Personal and toiletry items, (bedding and towels will be provided) Since the camp is located at 8,500 ft., please plan to dress for temperatures 10-15 degrees cooler than those found on the Front Range. Dress for retreat will be casual except for services on the Sabbath which will be dressy casual.

1. Check in time for the rooms is 4 pm on Friday. We will need to have the rooms cleared out by 10:00 am Sunday for housekeeping. However, we will have the meeting facility thru 2:00 pm that afternoon.
2. No alcohol is allowed anywhere on the premises.
3. No food or drink is allowed in the sleeping areas. We will be providing snacks during the day between meals and in the evenings.
4. No candles are allowed in the rooms
5. In order to minimize our costs:
  - We are expected to clean tables after meals—take dishes to dish room and wipe tables.
  - Clean up at the end of the retreat: On your last day, you will need to strip the beds, put all soiled linens and towels in pillow cases and place them outside the bedroom door.
6. There is no cell phone reception at the retreat. There is local service to Estes Park, Longmont, Boulder, and Denver as well as a statewide long distance phone line at the courtesy telephone located in the lobby. Also, wireless internet is available in the dining areas.
7. There is a music keyboard as well as pianos in several locations for guest usage.

You will be sent a map with driving directions upon request or you can print one from their website at: [www.highlandscamp.org](http://www.highlandscamp.org) .

Our goal for the week-end is an uplifting, positive experience for all those attending. A time to learn how to grow closer to God as women, and to experience God's creation in a beautiful setting.